

HALLOWEEN

during the COVID-19 Pandemic

The more people you interact with during the Halloween season (fall festivals, door-to-door trick-or-treating, in-person costume contests, large dinner parties, haunted houses, carnivals), you are at a higher risk of becoming infected and spreading COVID-19.

The Navajo Health Command Operations Center advises Navajo residents to avoid in-person large gatherings and activities to protect yourself, your family, and your community.

Here's how you can celebrate Halloween with the family you live with:

- **Virtual Contest** - Participate in community virtual Halloween contests
- **Game night** - board games, craft night, or pumpkin carving
- **Zoom Parties** - Host a Zoom party with friends and family complete with games, scary stories, or costume contest
- **Scary Movie Night** - Watch fear-filled favorite Halloween movies
- **Spooky Pics** - Share costume, décor, and Halloween food pictures on social media
- **In-home Trick-or-Treating** - Get creative! Allow kids to go from one candy station to another throughout the house or yard
- **Spooky Cookoff** - Explore Halloween themed treats and foods to make with your family
- **Dinner Theater** - Wear your costume, and become the costume during dinner
- **Scavenger Hunt House** - Create different theme rooms throughout the house or yard and send kids on a scavenger hunt for candy and treats
- **Halloween Karaoke** - Have a spooky Karaoke night with awards
- **Halloween Piñata** - Have a piñata as the grand finale for your Halloween party

Here's how you can stay safe:

- Avoid gatherings with more than 5 people
- Avoid food sharing with people you do not live with
- Celebrate Halloween virtually or with family you live with
- Wear a mask and stay at least six feet apart - a Halloween mask does not take the place of a face mask
- Wash your hands often with soap and water for at least 20 seconds or use a hand sanitizer with 60% or more alcohol
- Clean and disinfect high-touched surfaces and objects
- Discourage handshaking and hugs
- Clean and disinfect all candy and treats