

HUNTERS POINT BOARDING SCHOOL, INC.



ATHLETIC PROGRAM POLICIES AND GUIDELINES

SCHOOL YEAR 2019-2020

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Hunters Point Boarding School Athletic Handbook

Welcome to all students and parents who choose to participate in the athletics programs at Hunters Point Boarding School. Our school strives to provide safe and meaningful experiences for children to compete in athletic competition. Student participation is voluntary. The school expects parents to be supportive of school programs, staff, and rules to ensure positive experiences for all children. Students participating in our athletic programs are expected to follow the guidelines set forth in this handbook.

It is the mission of Hunters Point Boarding School (HPBSI) to “Hunter’s Point Boarding School will provide challenging education infused with Dine culture that stimulates creative learning in a safe and positive environment.” This statement serves as the guiding principle in the operation of our school’s athletic program. With this in mind, the athletic programs at HPBSI are an extension of our students’ academic experiences. It is essential to stress the acquisition of the physical skills necessary to compete successfully. It is equally essential to introduce the effective components of competition; sportsmanship, teamwork, cooperation, and dedication to a cause.

The following sports are offered to students at Hunters Point Boarding School: Boys/Girls Basketball, Girls Volleyball, Boys/Girls Cross Country, Flag Football, and Softball.

This handbook is reviewed annually and approved by the Governing Board of Hunters Point Boarding School.

The primary purpose the athletic program is to enhance the vision and mission statement of Hunters Point Boarding School through athletic participation. The Athletic Director and Principal will evaluate the programs on an annual basis according to the following guidelines:

1. the program must have an overall positive impact toward accomplishing the mission statement of the school.
2. Students in 3rd through 5th grades are reliable to participate.

Participating in school athletics can be one of the most memorable and rewarding experiences for students and their families. However, it is important that students realize the time demands, responsibility, dedication, and sacrifices required when making this commitment.

Athletic Department Objectives

Our programs are based upon the following ideas:

1. Players, coaches, parents, and spectators will demonstrate the highest standards for sportsmanship. This will result in building an atmosphere that supports student athletes and their families and serves as a model of fair play to all involved. This will ensure that both winning and losing will be placed in their proper perspective.
2. Student athletes must learn that there are other objectives than just beating their opponents. However, to participate without striving to win is to be a dishonest competitor.
3. Students learn the values associated with discipline, performance under stress, coping, teamwork, sacrifice, commitment, effort, accountability, citizenship, sportsmanship, confidence, leadership, organizational skills, participating within the rules, physical well-being, and striving towards excellence.

PROGRAM GOALS:

1. Develop athlete's physical, emotional, social and mental skills.
2. Develop appropriate attitude/values, as well as respect, for teammates, opponents, authority, and themselves.
3. Develop leadership skills.
4. Develop pride in self, their team, school, and community to foster school spirit.

STUDENT STANDARDS OF CONDUCT

Students who wish to participate in our extracurricular activities must abide by all provisions of Hunters Point Boarding School's policy and Student Responsibilities and Rights. They must also exhibit good citizenship at all times.

1. Athletic Participation: Students can participate in more than one sport per year.
2. The Athletic Director will determine student eligibility to participate in a team according to the criterion listed in this section:

- a. Parent Permission Slip: The permission form is available at the front office and with the Athletics department. A permission form is needed for every sport the student participates in. Parental signatures on note paper or telephone calls will not be accepted.
 - b. Liability Agreement: The release from Liability and waiver Agreement needs to be completed thoroughly by the parent/guardian and student athlete. This form needs to be completed for every sport the student participates in.
 - c. Academic Eligibility: A student must maintain GPA eligibility by their teacher or academic coach. In addition, students must demonstrate good conduct at all times.
3. Athletes must listen to and follow the directions of their coaches. Students unable to make sacrifices for the good of the team should give serious thought as to whether or not they want to be part of the school's athletic program.
4. Athletes must be in attendance for all their classes on the day of the sporting event unless they have an excused absence. Student's ill on the day of the game and not in attendance at school will not participate in the game. Excused absences will be medical, dental, and/or clinical appointments with a written statement from the doctor and absences protected under state law and/or school board policy.
5. If a student is absent from school for 5 or more days due to illness, or injury, they will need a written statement from a physician before returning to participation.
6. If students are unable to attend a practice or a game, they must notify their coach. Unexcused absences may result in:
 - a. First Offense- extra conditioning;
 - b. Second Offense-one;
 - c. (1) game suspension;
 - d. Third Offense-dismissal from the team.
7. Excused absences are defined by The HPBSI Attendance Policy (and/or illness, injury, etc.) will result in no penalties. However, coaches may assign additional drills, or conditioning to facilitate the development of the athlete. Any extra assignments that the coach deems necessary should be applied with good judgment and/or to the improving physical condition and/or skill level of the student.
8. The use of drugs, alcohol, and tobacco by any athlete will cause for dismissal for the team.
9. No swearing will be tolerated; profanity will not be tolerated.
10. Parents should monitor their child's sleeping and eating habits to ensure a healthy athlete.

11. A student athlete shall display exemplary attitude, behavior and citizenship throughout the school year; The determination of whether the student athlete has failed to maintain that standard of behavior and attitude shall rest on the judgment of the principal after consultation with the coach and athletic director.
12. Jewelry is not allowed at practice or games.
13. Parents and athletes are responsible for keeping clean and nice. The athletic director's approval must be obtained prior to substituting or altering any part of the school issued uniform. Uniforms will be returned promptly to the A.D. at the conclusion of the season.
- 14. Parents/Guardian need to be present to take their children home at the conclusion of each game.**
15. The coach will determine playing time. Efforts will be made that each eligible player in good standing, will gain game experience.
16. Coaches may make rules and guidelines for specific sports. These rules will be clear and fall within the objectives and guidelines of the total program. They will be approved by the athletic director and principal and a copy is to be signed by the student and parents and kept on file in the athletic director's office.
17. No one will be allowed on the basketball court on game night except the players warming up for the game in which they are participating.
18. Students will not bring basketballs to games
19. Players not engaged in the ongoing game will sit immediately behind the team and coach.

ATTENDANCE:

Students are expected to attend all scheduled class during the school week in order to practice and/or play. Any student-athlete absent from practice the day before a scheduled game will not be allowed to participate in that game unless absences deemed excusable by the Coach or Athletic Director. A Friday absence counts towards Monday participation. A student must be in attendance at school by 8:00 a.m. and be present for at least 5 hours of the school day or they will be considered absent for athletic eligibility purposes. The only exception to this rule will be if a student-athlete receives written permission from the Parent, Teacher, or Principal to attend a school sponsored field trip. Students who display a pattern of excessive absences regardless of length, will be withheld from practice or games. Students, who skip classes, do not appropriately participate in class, or do not fulfill their responsibilities will also be ruled ineligible for participation.

SCHOOL ABSENCES, EXTENDED ABSENCES, CONFLICTS WITH SCHOOL EVENTS

Every team is expected to be present for all team practices and games. Due to scheduling parameters, many of the team's practice and/or play will be scheduled during the school week and some weekends. Absences may jeopardize continued participation on the team. (Clarification: If a student athlete is away from the team for extended time, then he/she must make up time missed, this allows for fair play.)

Students who anticipate being absent from team activities are expected to contact their coaches to discuss absences. There will be no penalty for missing practice or game for emergency circumstances but Coaches should be notified as soon as possible if a student will be out for an extended amount of time.

Excused absences are defined by The HPBSI Attendance Policy (and/or illness, injury, etc.) will result in no penalties. However, coaches may assign additional drills, or conditioning to facilitate the development of the athlete. Any extra assignments which the coach deems necessary should be applied with good judgment and/or to the improving physical condition and/or skill level of the student.

ELIGIBILITY

A student-athlete must maintain an overall satisfactory grade of A,B, or C in his/her class and must have excellent conduct in class. Teachers will notify coaches or any failing grades or problems if an athlete will be placed on the ineligible list for unsatisfactory grades.

Students' grades will be checked every week on Friday after the first full week of practice for each sport. The grades used for eligibility checks are those grades that fall in the same quarter as the eligibility check. Students shall maintain an 80% or higher average in each core subject area with no failing grades from any class in order to be eligible to participate in extra-curricular activities.

Each subject area must have a minimum of four grades for the grading period checked. An ineligible student may not attend practice during the ineligibility period. If agreed upon by the coach and the parent(s)/guardians(s), the student may attend athletic contests but must sit with the team in street clothes.

Notification of ineligibility will be given in the form of an email and letter home to the parents. After the initial one-week period, the student's academic progress will be re-evaluated. If the student still has not met the above requirement for eligibility, an additional two-week suspension from all extra-curricular activities will take place. A third suspension for academic ineligibility will result in suspension from the team for the remainder of that season.

SCHOOL ACADEMIC OBLIGATIONS

"Extra Help" sessions and make up work are expected to be completed as soon as possible. The athletic department reserves the right to remove a student from a team for poor academic performance and may reinstate the student upon sufficient evidence of improvement. Reinstatement cannot be granted if students do not meet the school's scholastic eligibility requirements. Coaches may place athletes on written "Academic progress reports" when it becomes known that a student is performing poorly in the classroom.

PRACTICE AND GAME GUIDELINES

Attendance at all practices and games is mandatory. Athletes must notify coaches in advance if they will be unable to attend a practice or game. Any athlete with an unexcused absence will be benched for no less than one game. A suspension can only be served on a day when the student athlete is eligible to play.

We ask parents to please be prompt in picking up athletes from games. Extra-curricular events, including open gyms, practices, and games, are not to be held on snow days unless administration grants the coach

permission to do so. Practices are for players and coaches. Siblings of team members may not attend practices. Adult spectators are allowed at practice at the discretion of the coach.

Practice sessions will be Monday through Thursday as scheduled by the Athletic Director and approved by the Principal. A practice session for any sport shall not exceed two hours of physical activity. In the event additional practice sessions are scheduled for the same day, a minimum rest period of one hour must be placed between sessions. Multiple practice sessions held on the same day may not exceed 3 hours of combined physical activity. Coaches may adjust time schedules with prior parent notification.

PLAYING TIME

Although there are many measures of success in the minds of each participant, perhaps the most emotional is “playing time” during games. If a student has questions as to his/her playing time, he/she is encouraged to discuss them with the coach.

While coaches will make a strong effort to play all team members. The emphasis is on participation. Coaches will make a conscious effort to play all team members for as much time as is practical. There are many factors that govern an individual’s playing time, but perhaps the most important are practice attendance, quality of effort, attitude, commitment and athletic ability.

RESPONSIBLE USE OF SCHOOL UNIFORMS

Students are responsible for the care of school uniforms issued by coaches. The coach will document each student athlete’s uniform number. Upon the conclusion of the season and after Picture Day, each student athlete is required to return their uniform to the secretary. If a uniform is lost, stolen, or damaged, the player is responsible for its replacement at his/her own expense. Payment must be received prior to the next participation in any sport season. Uniforms may be collected at the completion of each athletic event for cleaning.

STUDENT ATHLETE ATTIRE

Students are encouraged to dress appropriately to and from practice, especially during the cold weather months. Jewelry may not be worn at practices or games. Hair should be pulled back from the face for safety reasons. The coach and Athletic Director will determine the dress code to and from games.

TRANSPORTATION

The school provides bus transportation or a suitable substitute to and from all practice sessions and to all away games, up to the school. **Parents are responsible for picking up their student-athletes at the school parking lot after every game.** School transportation will **NOT** be made available for students after each home and away games. Part of the support parents give to their student-athletes is ensuring that the student-athlete has transportation home after each game. The school will NOT take responsibility for any student-athlete left after games.

If parents do not pick up their student-athletes after a game and the student-athlete is left at the school, school personnel will only stay with the student up to 6:00 pm. After this time, the school personnel will take the student-athlete to the dorm until a parent comes for the athlete. After 7:00 pm, if the student-

athlete is still at the school, the student will immediately be transported to Hooghan Hozhonii and referred to Social Services.

Coaches will communicate transportation plans with the athletes and their families as well. When the school provides transportation, student athletes are required to ride the bus to games unless other arrangements are made in advance. An alternative Transportation Request and Waiver form must be submitted prior to the event in order for alternative arrangements to be approved. Student athletes leaving a game with a parent or guardian must be signed out with the coach by the parent or guardian. **As school employees, coaches and employees are not permitted to transport student athletes to or from school sponsored functions.**

EMERGENCY TREATMENT

If in our opinion an injury or illness is serious, 9-1-1 or emergency personnel will be contacted immediately. Then, the school will attempt to contact the parents/guardians. No child will be denied emergency medical treatment as recommended by the attending physician. All student athletes and their parents/guardians must read and sign-off on the Concussion Information Sheet prior to participation in a sport.

COACH'S EXPECTATIONS

At the beginning of each season, coaches will set forth their expectations and rules for students to participate. It is suggested that these be in written form and passed out to the athletes. Coaches have the final decision on matters relating to student participation. A coach will have the right to enforce all rules related to tardiness or absences from practice, profanity, theft, vandalism or any other inappropriate behavior which he/she deems to be detrimental to the team.

Appeals may be made to the athletic director and further to the Principal of the school.

All coaches will conduct practice sessions in such a manner that all participants have an opportunity to improve fundamentals of that sport. The focus of the sports program is individual skill development. And team development.

CONFLICT RESOLUTION WITH COACH

If a parent has a conflict with a coach, there is a proper chain of command to follow while working toward a solution.

- 1st – a meeting must be set up with the coach, without the athlete, to discuss the problem (at least 24 hours after the incident).
- 2nd – if the conflict cannot be resolved, a meeting with the athletic director will be scheduled.
- 3rd – if the conflict still isn't resolved, the Principal will be contacted for a meeting.
- 4th – next step is a meeting with the School Board in closed session at the next available Board of Education meeting. This process must be followed for all conflicts.

COACHES' GUIDELINES

The following guidelines have been developed to assist coaches in dealing with the student athletes:

1. Coaches' attitudes and behavior should represent corporation ideas and social standards. Good sportsmanship must be maintained at all times.
2. Coaches are not to incite the patrons or encourage students to act in an unsportsmanlike manner.
3. Apparel worn to athletic competitions by coaches and athletes must enhance and compliment the overall image of our athletic program.
4. Students' safety is a major concern. If team safety is jeopardized then, and only then, should consideration be given by ending the game by withdrawing our team from the contest.
5. Coaches' purchases (including meals) must have prior approval.
6. Assistants will not be used during practice or games without prior approval from administration. There will be no designated assistants without board approval.
7. Mandatory team practices will not be scheduled over school holidays.
8. Students will be allowed to attend academic school sponsored activities without being subject to penalty or punishments for missed practice time.
9. Coaches will be required to attend a coaches' orientation meeting with the Athletic Director.
10. Principal and athletic director may establish other specific guidelines to; meet the needs of a particular sport or building. Coaches will be informed of these as the need develops.
11. Clarification of this policy or any disputes regarding the interpretation, of any section of this policy should be brought to the attention of the athletic director.
12. Coaches/Sponsors must remain in the building with their students until the students are all picked up.
13. Any and all monies collected by coaches must be turned in to the extracurricular treasurer within 24 hours of collection.
14. Players may participate at their grade level only. Rare exceptions may be made upon approval of the athletic director and principal.
15. Coaches will not leave players in the gym, locker room, and other areas related to the teaching of their sport without adult supervision.

School Year 2019-2020 Athletic Handbook Agreement

I have read this handbook and agree to abide by the coach's expectations and the guidelines set forth in this handbook.

Athlete Signature

Date

Parent/Guardian Signature

Date

Coach Signature

Date

Athletic Director Signature

Date